

Reference List - SOUTH PACIFIC LECTURE SERIES - Dr. John Freedman

Regent Seven Seas Navigator Feb-March 2026

PROVENANCE: THE LANDS & PEOPLES OF THE PACIFIC

BOOKS:

The Pacific Encyclopedia B.V. Lal & Kate Fortune, editors

History of the Pacific Islands by Steven Roger Fischer

The Pacific Islands by Douglas L. Oliver

Sea People: The Puzzle of Polynesia by Christina Thompson

Voyages of the Ancestors: Discovery and Settlement of the Pacific, edited by KR Howe

Plants of the Canoe People: An Ethnobotanical Voyage by Arthur Whistler

Pacific by Simon Winchester

Kon-Tiki by Thor Heyerdahl

ON THE WEB

Hot Spot Volcanism <https://www.nationalgeographic.org/article/hot-spot-volcanism/>

Age & Origins of the Pacific Islands: A Geologic Overview

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2607379/>

Birth of an Atoll - nice 4-min YouTube video from the Living Oceans Foundation

<https://www.youtube.com/watch?v=pRD8ZwdPYsY>

Darwin's Theory of Atoll Formation is Incorrect (Maybe)

<https://www.youtube.com/watch?v=J950wu7tsmw>

Darwin's Sinking Islands Revisited

<https://news.mit.edu/2013/revising-darwins-sinking-island-theory-0513>

The Drowned Barrier Reefs of the Marquesas

https://horizon.documentation.ird.fr/exl-doc/pleins_textes/pleins_textes_6/b_fdi_37-38/42896.pdf

Polynesian Origins: DNA Gradients Across the Pacific in Journal of Molecular Biology & Evolution

<https://academic.oup.com/mbe/article/23/11/2234/1333210>

Chasing the Sun: The Kon-Tiki Voyage

<https://www.thenewatlantis.com/publications/chasing-the-sun>

Ancient DNA from Guam and the Peopling of the Pacific

<https://www.pnas.org/content/118/1/e2022112118>

The Pacific is Shrinking

<https://www.thesea.org/atlantic-ocean-getting-bigger-pacific-ocean-getting-smaller/>

The Environmental Collapse of Easter Island: It Didn't Happen

https://www.thefp.com/p/the-myth-of-degrowth?utm_source=substack&utm_medium=email

A Definitive History of the Mysteries of Easter Island

<https://www.nytimes.com/2026/01/27/books/review/mike-pitts-island-at-the-edge-of-the-world.html>

Note: Also See THE GREAT EXCHANGE reference section below

FILM:

Kon-Tiki, 2012 Academy Award-nominated film based on the famous expedition

Rapa Nui 1994 historical-action film produced by Kevin Costner, starring Jason Scott Lee

The Navigators: Pathfinders of the Pacific - Excellent 1983 documentary - available on You Tube

THE STORY OF FRENCH POLYNESIA

BOOKS:

The Pacific Encyclopedia B.V. Lal & Kate Fortune, editors

History of the Pacific Islands by Steven Roger Fischer

The Pacific Islands by Douglas L. Oliver

Over The Edge of the World: Magellan's Terrifying Circumnavigation by Laurence Bergreen
Islands of Unwisdom by Robert Graves
Blue Latitudes by Tony Horwitz
Captain James Cook: A Biography by Richard Hough
The Wide Wide Sea: Cook's Last Voyage by Hampton Sides
The Trial of the Cannibal Dog: Captain Cook in the South Seas by Anne Salmond
Aphrodite's Island: European Discovery of Tahiti by Anne Salmond
The Journal of James Cook by Captain James Cook
Tupaia: Captain Cook's Polynesian Navigator by Joan Druett
Empire Divided: Religion, Republicanism, & The Making of French Colonialism by JP Daughton
Tahiti Beyond the Postcard by Miriam Kahn
Eyes of Fire: The Last Voyage of the Rainbow Warrior by David Robie
Great Maps - World Masterpieces Explored & Explained - Smithsonian Publications

ON THE WEB

Strait Through: The Pacific From Magellan to Cook: An Illustrated History by John Delaney
http://libweb5.princeton.edu/visual_materials/maps/websites/pacific/entrance.html
Who Discovered Tahiti? In *The Journal of The Polynesian Society*
http://www.jps.auckland.ac.nz/document/Volume_12_1903/Volume_12_No.3_September
James Cook on Tahiti and The Transit of Venus
https://science.nasa.gov/science-news/science-at-nasa/2004/28may_cook
Timeline of Cook's Voyages <https://www.bl.uk/the-voyages-of-captain-james-cook/timeline>
Have Archaeologists Discovered Cook's Endeavour?
<https://www.theartnewspaper.com/2022/02/04/have-archaeologists-discovered-cooks-endeavour>
Captain Cook's Artists
<https://www.artstor.org/2016/04/28/artistry-on-the-high-seas-captain-cooks-artists/>
Tupaia, An Unsung Hero <https://www.nzgeo.com/stories/tupaia/>
The Islanders Who Voyaged With Cook
<http://commonplace.online/article/pacific-travelers-the-islanders-who-voyaged-with-cook/>
Charles Darwin in Tahiti <http://darwinbeagle.blogspot.com/2010/11/15th-november-1835.html>
World's Apart: Vanilla's Separation From Its Pollinators
<https://www.naplesgarden.org/worlds-apart-vanillas-separation-from-its-pollinators/>
The Overseas Territories of France <https://everything-everywhere.com/french-overseas-territories/>
Administrative Regimes of French Overseas Territories
<https://www.victoria.ac.nz/law/research/publications/2010/Moyrand-And-Angelo.pdf>
French Polynesia: Economy https://www.indexmundi.com/french_polynesia/economy_profile.html
Bikini Atoll Facts <https://www.history.com/news/nuclear-bomb-tests-bikini-atoll-facts>
A Bomb Sinks the Rainbow Warrior
<https://www.history.com/this-day-in-history/the-sinking-of-the-rainbow-warrior>
France Underestimated Nuclear Fallout
<https://www.science.org/content/article/france-grossly-underestimated-radioactive-fallout-atom-bomb-tests-study-finds>
Tahitian Black Pearls- How They Are Made <https://www.gia.edu/doc/Polynesian-Black-Pearls.pdf>
Tahiti Ori: The Global Success of Tahitian Dance That Europeans Tried to Outlaw
<https://www.theguardian.com/world/2022/jan/06/the-global-success-of-the-tahitian-dance>

FILM:

Kon-Tiki, 2012 Academy Award-nominated film based on the famous expedition
The Navigators: Pathfinders of the Pacific - Excellent 1983 documentary - available on You Tube

(For more film references: See my ***SOUTH PACIFIC STORIES*** and ***THE REAL CAPTAIN BLIGH*** lecture reference lists below.

SOUTH PACIFIC STORIES

Herman Melville:

BOOKS:

Typee and **Omoo** by Herman Melville

Mardi, And a Voyage Thither by Herman Melville

Moby Dick by Herman Melville

Herman Melville, A Biography by Hershel Parker - definitive 2-volume bio - a leviathan itself

Melville, His World and Work by Andrew Delbanco

FILM:

Enchanted Island 1958 (loosely based on **Typee**) - starring Dana Andrews and Jane Powell

<https://www.directv.com/movies/Enchanted-Island-STBMSE55empaYk1CSnBFMjNQb0VyUT09>

Omoo Omoo, The Shark God 1949 - loosely based on **Omoo**

Last of the Pagans 1935 and **Enchanted Island** 1958 - both based loosely on **Typee**

Moby Dick 1956 directed by John Huston, screenplay by Ray Bradbury, starring Gregory Peck

Billy Budd 1962 directed by Peter Ustinov starring Terence Stamp and Robert Ryan

In The Heart of the Sea- 2015, directed by Ron Howard, starring Chris Hemsworth - a re-telling of the wreck of the *Essex* and its influence on Melville - a good watch, if not a great film

ON THE WEB:

Melville, Polynesia and Moby Dick in Smithsonian Magazine, July 2019

<https://www.smithsonianmag.com/herman-melville-course-write-moby-dick-180972525/>

Pierre Loti:

Rarahu, or The Marriage of Loti by Pierre Loti, the man who inspired Gauguin

Pierre Loti: Portrait of An Escapist by Lesley Blanch

Impressions by Pierre Loti, with an introduction by Henry James (out of print but available online:

<https://archive.org/details/impressions00lotiiala/page/118/mode/2up?view=theater>)

The Curious Case of Pierre Loti

<https://tmagazine.blogs.nytimes.com/2011/07/12/lumiere-the-curious-case-of-pierre-loti/>

Robert Louis Stevenson:

South Sea Tales by Robert Louis Stevenson - an anthology that includes his novella, **The Beach at Falesa**, as well as 3 short stories, including the highly acclaimed short story, **Red**. Originally known and sometimes still marketed as **Island Nights' Entertainment** .

In The South Seas by Robert Louis Stevenson - His travelogue of Tahiti and Samoa, based on his personal journals, rich with observations of the land and the people

Robert Louis Stevenson, A Biography by Clare Harman

Robert Louis Stevenson in Samoa by Joseph Farrell

Robert Louis Stevenson in the Pacific by Roslyn Jolly

Travels in Hawaii by Robert Louis Stevenson

The RLS (Robert Louis Stevenson) Website <http://robert-louis-stevenson.org/timeline/>

Photographs of Robert Louis Stevenson in the South Pacific

<http://robert-louis-stevenson.org/rls-in-south-seas/>

Tusitala's Legacy in Samoa <http://rlsmuseum.org/the-road-of-the-loving-heart/>

Paul Gauguin:

Noa Noa by Paul Gauguin - an autobiographical account of his time in Tahiti before moving to Hiva Oa

Gauguin: His Life and Works in 500 Images: An Exploration by Susie Hodge

Gauguin: The Quest for Paradise by Françoise Cachin

Gauguin in the South Seas by Bengt Danielsson

Paul by Daisy Lafarge

The Moon and Sixpence by W. Somerset Maugham - a novel inspired by Gauguin's life

The Way to Paradise by Mario Vargas Llosa - novel based on the life of Gauguin and his Peruvian grandmother

FILM:

The Moon and Sixpence 1942, starring George Sanders

Lust For Life 1956 - classic Van Gogh biopic starring Kirk Douglas - relevant here thanks to a great Academy-award-winning performance by Anthony Quinn as Gauguin

The Wolf at the Door 1986 starring Donald Sutherland as Gauguin in Paris

Paradise Found 2003 starring Kiefer Sutherland as Gauguin in Tahiti (Dad's movie is far better)

Gauguin, Voyage to Tahiti 2017 starring Vincent Cassel as Gauguin

Gauguin: The Full Story - excellent 2003 documentary available on Amazon Prime

Notes on Anthony Quinn as Gauguin in 'Lust For Life'

http://actoroscar.blogspot.com/2012/04/best-supporting-actor-1956-anthony_15.html

How Do You Solve A Problem Like Gauguin?

<https://www.latimes.com/movies/la-et-mn-gauguin-vincent-cassel-20180709-story.html>

Jack London:

The Cruise of the Snark by Jack London

South Sea Tales by Jack London, includes several of his most acclaimed South Seas short stories. The original and still-classic version includes 8 stories.

Son of the Sun – A novel weaving together 8 tales of South Sea adventures based on the life of fictional South Pacific adventurer David Grief

On The Makaloa Mat by Jack London (South Seas short story collection)

House of Pride and Other Stories by Jack London (Hawaii short stories collection)

The Chinago - short story set in French Polynesia

The Red One - short story set in the Solomon Islands (with a touch of sci-fi)

Adventure, Jerry of the Islands, and Michael, Brother of Jerry by Jack London - the author's 3 South Pacific novels, set in the Solomons. Written in his last year (1915-16), published posthumously. The latter 2 are seen through the eyes of their canine heroes, harkening back to early Yukon works.

The Log of the Snark and **Our Hawaii** by Charmian London

Stories of Hawaii by Jack London (selections from his 2 Hawaii anthologies with commentary)

My Hawaiian Aloha by Jack London (3 articles - published in *Cosmopolitan* magazine in 1916 and also in Charmian's book **The New Hawaii**)

Through the South Seas With Jack London by Martin Johnson - eyewitness memoir by the young cook on the *Snark*, who later became a world-renowned adventurer and documentarian.

Jack London: An American Life by Earle Labor

Jack London: A Life by Alex Kershaw

Jack London: Sailor on Horseback by Irving Stone

American Dreamers: Jack & Charmian London by Clarice Stasz

Jack London in the South Seas by A. Grove Day

Stories of Hawaii by Jack London (selections from his 2 anthologies, **On The Makaloa Mat** and **House of Pride**)

Sailing Alone Around the World by Joshua Slocum

Charmian Kittredge London: Trailblazer, Author, Adventurer by Iris Jamahl Dunkle

ON THE WEB:

Jack London, An American Original – 2016 documentary available on Amazon Prime video

Jack London's Life: A Chronology <http://www.getyourwordsworth.com/jacklondonchronology.html>

The Short, Frantic Life of Jack London – in Smithsonian magazine

<https://www.smithsonianmag.com/smithsonian-institution/short-heroic-rags-riches-life-jack-london-180961200/>

The World of Jack London

<https://web.archive.org/web/20160601030645/http://www.jacklondon.net/index.html>

Jack London and The Call of the Sea

<https://classicsailor.com/2018/04/jack-london-the-call-of-the-sea/>

Two Mistakes That Almost Killed Jack London on The Snark

<https://listen2read.com/two-big-mistakes-that-almost-killed-jack-london-during-the-cruise-of-the-snark/>

Charmian London's Artful Life by Clarice Stasz

http://www.claricestasz.com/charmian_kittredge_london_s_artful_life.pdf

Huntington Library Photograph Archives- Jack London

<https://hdl.huntington.org/digital/collection/p16003coll7/search/page/1>

Jack London in Hawaii (audio podcast by Paul Theroux)

<https://huntington.org/videos-and-recorded-programs/jack-london-hawaii>

Jack London State Historical Park- website: <https://jacklondonpark.com/>

My Hawaiian Aloha by Jack London (3 serial articles - published in Charmian's **The New Hawaii**)

<https://babel.hathitrust.org/cgi/pt?id=uc1.%24b28651&seq=15>

Life of Jack London: The Pacific Voyage

<https://www.artofmanliness.com/character/manly-lessons/the-life-of-jack-london-pacific-voyage/>

On 'The Cruise of the Snark'

<https://www.criminalelement.com/a-jack-london-adventure-the-cruise-of-the-snark-part-i/>

Jack London's Photography on the Cruise of the Snark

<https://www.themagazineantiques.com/article/jack-london-snark/>

London's Lens and Tropical Tales

<http://www.oaklandmomma.com/2016/08/12/londons-tropical-exploration/>

The Jack London Encyclopedia

<https://academic-accelerator.com/encyclopedia/jack-london>

Jack London and 'The Yellow Peril'

<https://www.asianstudies.org/publications/eaa/archives/jack-london-and-the-yellow-peril/>

Jack London Web Archive- The Huntington Library

<https://web.archive.org/web/20080112020329/http://www.huntington.org/LibraryDiv/index.html>

Huntington Library Photographic Archives - Jack London

<https://hdl.huntington.org/digital/collection/p16003coll7/search/page/1>

Four Legs Good: The Life of Jack London <https://www.newyorker.com/magazine/2013/10/28/four-legs-good>

Jeremy Irons reads The Hunting of the Snark https://www.youtube.com/watch?v=-F_Cd4sKMo8

W. Somerset Maugham:

The Trembling of a Leaf - collection of South Seas stories by W. Somerset Maugham

The Moon and Sixpence by W. Somerset Maugham - a novel inspired by Gauguin's life

A Writer's Notebook by Somerset Maugham - travel journals and writer's craft insights

The Secret Lives of Somerset Maugham by Selina Hastings - wonderful biography, 2010

The Skeptical Romancer: Selected Travel Writings of W. Somerset Maugham edited by Pico Iyer

Somerset Maugham in the South Pacific

<https://wordpress.com/2011/02/03/the-trembling-of-a-leaf-william-somerset-maugham/>

FILM:

Sadie Thompson- silent film 1928 starring Gloria Swanson, based on the short story **Rain**

Rain 1932 talkie version starring Joan Crawford as Sadie

Charles Nordhoff & James Norman Hall

The Bounty Trilogy by Charles Nordhoff and James Norman Hall

Book 1: Mutiny on The Bounty 1932

Book 2: Men Against the Sea 1933

Book 3: Pitcairn's Island 1934

Faery Lands of the South Seas by Nordhoff & Hall 1921

The Hurricane by Charles Nordhoff and James Hall

The Forgotten One by James Hall (title story in this collection is about Robert Dean Frisbie)

My Island Home by James Hall

In Search of Paradise: The Nordhoff-Hall Story by Paul Briand

FILM:

All 3 *Bounty* films- 1935, 1962 and to a lesser extent 1984 were based on their novel

Hurricane 1939 directed by John Ford (and remake 1979 by Dino DeLaurentis)

James Michener:

Tales of the South Pacific by James Michener

Return to Paradise by James Michener

Hawaii by James Michener

Rascals in Paradise by James Michener

Michener's South Pacific by Stephen J. May

James Michener: A Biography by John P. Hayes

FILM:

South Pacific, 1958 - The Rodgers & Hammerstein 1949 musical transferred to the silver screen.

Joshua Logan directed, Mitzi Gaynor as Nellie, Italian heartthrob Rossano Brazzi as Emile, and a young Ray Walston as the comedic Luther Billis.

South Pacific in Concert at Carnegie Hall - 2005 PBS Great Performance Series - Vocal concert with Reba McEntire as Nellie, Brian Stokes Mitchell as Emile, & Alec Baldwin (yes, the Alec Baldwin) as Luther Billis. DVD or <https://www.youtube.com/watch?v=noz4UuJumPA>

South Pacific, 2001 - Surprisingly good made-for TV remake starring Glenn Close and Harry Connick Jr. DVD or clips available on YouTube

Hawaii, 1966, directed by George Roy Hill, starring Julie Andrews, Max von Sydow & Richard Harris

The Hawaiians 1970, starring Charlton Heston- continues the saga through the 19th century

Albert Wendt and Epeli Hau'ofa

Leaves of the Banyan Tree by Albert Wendt - an epic spanning 3 generations in Samoa

Sons For the Return Home by Albert Wendt

The Mangoi's Kiss by Albert Wendt

The Best of Albert Wendt's Short Stories

We Are the Ocean by Epeli Hau'ofa

Tales of the Tikong by Epeli Hau'ofa

FILM:

The New Oceania - Documentary written by, narrated by, and about the life of Samoan writer Albert Wendt - and about Samoa and Polynesia, past, present, and future.

<https://www.youtube.com/watch?v=ZBsPg6XYMBg>

ON THE WEB:

In the Shade of the Banyan Tree- Albert Wendt and the Contemporary Pacific

<https://scholarspace.manoa.hawaii.edu/bitstream/10125/21268/1/v22n2-349-361.pdf>

Albert Wendt: A Pacific Living Legend

<https://creativetalanoa.com/2012/10/15/a-pacific-living-legend-professor-albert-wendt/>

Our Sea of Islands by Epele Hau-ofa

<https://scholarspace.manoa.hawaii.edu/bitstream/10125/12960/1/v6n1-148-161-dialogue.pdf>

Indigenous Pacific Island Authors - a list of literary works by Albert Wendt and other native Polynesians

https://www.goodreads.com/list/show/113671.Pacific_Islander_Authors

Other South Pacific Authors

INDIGENOUS:

Black Marks on the White Page - 2007 anthology of indigenous Pacific authors

Island of Shattered Dreams by Chantale Spitz (Tahitian)

Breadfruit, Frangipani and Tiare - 3 novels of contemporary Tahiti by Celestine Vaite

Atoll Holiday by Nancy Phelan

Black Ice Matter by Gina Cole (Fijian)

Where We Once Belonged by Sia Figiel (Samoa)

Where the Rehoku Bone Sings by Tina Makereti (Maori and Moriori)

OTHER:

The Rime of the Ancient Mariner by Samuel Taylor Coleridge - an ode to the immensity of the Pacific

Tahiti Tiare (poem) by Rupert Brooke

The Book of PukaPuka and **Island of Desire** by Robert Dean Frisbie

The Forgotten One by James Hall (title story in this collection is about Robert Dean Frisbie)

Mr. Moonlight of the South Seas: The Life of Robert Dean Frisbie by Brandon Oswald

An Island to Oneself by Tom Neale

White Shadows in the South Seas, Mystic Isles of the South Seas and **Atolls of the Sun** by Frederick O'Brien

The Long Way by Bernard Moitessier

The Wanderer by Sterling Hayden

Kon-Tiki and **Fatu Hiva** by Thor Heyerdahl

Sex Lives of Cannibals, Getting Stoned With Savages and **Headhunters At My Doorstep**

by J. Marten Troost

Tahiti and the South Sea Legend - classic essay by William Davenport

<https://www.penn.museum/sites/expedition/tahiti-and-the-south-sea-legend/>

The South Pacific in Film <http://www.southpacific.org/films.html>

THE REAL STORY OF EVERYBODY'S FAVORITE MUTINY

Dangerous Waters: The Life of William Bligh by Nigel Barnes

A Narrative of The Mutiny on Board His Majesty's Ship Bounty by William Bligh

A Voyage to the South Seas by William Bligh

Captain Bligh and Mr. Christian by Richard Hough (also see 1984 *Mutiny on the Bounty* film)

Captain Bligh: The Man and His Mutinies by Gavin Kennedy

William Bligh in the South Seas by Anne Salmond

The Bounty: The True Story by Caroline Alexander 2003 - highly readable, *real* history

The Bounty Trilogy by Nordhoff & Hall (basis for the 1935 & 1964 *Mutiny on the Bounty* films)

The Bounty Mutiny by William Bligh and Edward Christian - The brother of Fletcher Christian offers a competing Bligh-as-villain narrative. But Bligh's own account emerges as more credible.

Captain Bligh's Other Mutiny by Stephen Dando-Collins

The Mutineers of The Bounty by Jules Verne (A short account, published 1879)

The Voyage of HMS Pandora In Pursuit of the Bounty Mutineers by Edwards & Hamilton

Mutiny on the Bounty by Peter Fitzsimmons (a racy version of events - possibly not far off)

Mutiny, Mayhem, Mythology: Bounty's Enigmatic Voyage by Alan Frost (solid history)

Paradise in Chains by Diana Preston

Mutiny and Romance in the South Seas by Sven Wahlroos

'**Bligh, Man of Mutinies**' - Chapter 5 in **Rascals in Paradise** by James Michener

FILM:

Mutiny on The Bounty 1916 Australian silent film -the first Bounty film- unfortunately lost to posterity.

In The Wake of The Bounty 1933, starring Erroll Flynn as Christian & Mayne Lanton as Bligh

'In The Wake of The Bounty', 1932 film - An Unintentional Comic Gem

<https://filmthreat.com/uncategorized/in-the-wake-of-the-bounty/>

Mutiny on The Bounty 1935 directed by Frank Lloyd, starring Clark Gable & Charles Laughton

Mutiny on the Bounty 1962 directed by Lewis Milestone starring Marlon Brando & Trevor Howard

The Bounty 1984 directed by Roger Donaldson, starring Mel Gibson & Anthony Hopkins

Mutiny: Bligh's Great Journey - 2017 - Gripping 5-episode made-for-TV documentary

https://www.amazon.com/gp/video/detail/B07P6HBF5R/ref=atv_hm_hom_1_c_iEqOEZ_2_1

ON THE WEB:

HMS Bounty - Royal Navy Museum Web Archives

https://web.archive.org/web/http://www.royalnavalmuseum.org/info_sheets_bounty.htm

Mutiny on HMS Bounty- A Chronology <https://www.famous-trials.com/bounty/>

The Logs and Letters of William Bligh <https://www.famous-trials.com/bounty/391-logletters>

William Bligh's Personal Narrative of the Voyage of the Bounty and Its Aftermath

<https://www.famous-trials.com/bounty/369-narrative>

Bligh's Letters <https://www.famous-trials.com/bounty/401-letters>

Bounty Crew - Who's Who Encyclopedia <https://library.puc.edu/pitcairn/bounty/crew>

Recreating Bligh's Epic Voyage - free streaming: <https://www.channel4.com/programmes/mutiny>

The Voyage of Bligh's Launch <https://library.puc.edu/pitcairn/bounty/launch.shtml>

The HMS Pandora Website - Queensland Museum

<https://www.qm.qld.gov.au/Histories+of+Queensland/Maritime+History/HMS+Pandora>

The Wreck of the Pandora - in *The New Yorker* - by the astute Caroline Alexander

<https://www.newyorker.com/magazine/2003/08/04/wreck-of-the-pandora>

Governor Bligh: Hero or Coward - excerpt from Australian documentary

Rites of Passage <https://dl.nfsa.gov.au/module/1624/>

Fraud on The Bounty by Simon Winchester in *The Telegraph* - October 2003

<https://www.telegraph.co.uk/culture/books/3604843/Fraud-on-the-Bounty.html>

Byron's 'The Island' - Fictional or Historical Poem? <https://www.uwgbcommons.org/archives/28128>

Trouble in Paradise - *Vanity Fair* article about contemporary Pitcairn and the child abuse trials

<https://www.vanityfair.com/news/2008/01/pitcairn200801>

Pitcairn Island History <https://puc.libguides.com/PISC-pitcairn-history>

Captain Bligh's Cursed Breadfruit

<https://www.smithsonianmag.com/travel/captain-blighs-cursed-breadfruit-41433018/>

Archaeology Archives: Reclaiming The Bounty <https://archive.archaeology.org/9905/etc/bounty.html>

The Tragic Truth About the Bounty Replica Sinking in Hurricane Sandy of 2012

<https://www.outsideonline.com/outdoor-adventure/sunk-incredible-truth-about-ship-never-should-have-sailed/>

Also see my **MUTINY ON THE BOUNTY HANDOUTS** available at: ScholarAtSea.com

THE STORY of NEW ZEALAND

The Penguin History of New Zealand by Michael King

Illustrated History of New Zealand by Matthew Wright

Making Peoples: A History of the New Zealanders by James Belich

Maori Art by Rangihiroa Panoho
The New Zealand Wars by Vincent O'Malley
The Meeting Place: 1642-1840 by Vincent O'Malley
The Treaty of Waitangi by Ross Calman
The Treaty of Waitangi Companion ed. V O'Malley et al
Gallipoli: The New Zealand Story by Christopher Pugsley
The Amazing Animals of New Zealand by Ursula Velez
Birds of New Zealand by Oscar Thomas

ON THE WEB:

The Encyclopedia of New Zealand <https://teara.govt.nz/en>
New Zealand History (official government website) <https://nzhistory.govt.nz>
History of New Zealand <https://www.newzealand.com/int/history/>
Wairau Bar- How It All Began <https://www.rnz.co.nz/201807075/wairau-bar-how-it-all-began>
Dictionary of New Zealand Biography <https://teara.govt.nz/en/biographies>
Guide to Te Papa Gallipoli Exhibit <https://www.tepapa.govt.nz/visit/exhibitions/gallipoli-scale-our-war>
Te Papa Museum of New Zealand website <https://www.tepapa.govt.nz>
Early Maori-Euro Encounters <https://nzhistory.govt.nz/page/early-meetings-between-peoples>
Maori Facts 'For Kids' (actually an excellent, accurate and well-illustrated compendium)
https://kids.kiddle.co/Māori_people
The Maori Kingitanga (Monarchy) Today <https://waikatotainui.com/about-us/kiingitanga/>
Gallipoli: A Hill Too Far <https://www.nzgeo.com/stories/gallipoli-a-hill-too-far/>
Cloning the Moa <https://edition.cnn.com/2025/07/09/science/giant-moa-colossal-biosciences>
New Zealand Ralies to Save the Kiwi
<https://www.theguardian.com/world/2018/jun/01/save-kiwi-new-zealand-protect-bird-species>
Animals of New Zealand <https://www.vanztravel.com/the-10-animals-of-new-zealand-you-cant-miss/>

FILM:

Gallipoli 1981, directed by Peter Weir (Australian perspective, starring Mel Gibson, but still a classic worth re-visiting)
The Piano 1993, directed by Jane Campion
Prime Minister - 2025 critically-acclaimed documentary on NZ Prime Minister (2017-23) Jacinda Adern
Volcano - excellent 2022 Netflix documentary on the 2019 eruption of Mt. Whakaari (White Mt.)

Many famous films were shot in New Zealand, from *Avatar* to *Lord of the Rings* to *King Kong* - see:

Movies Filmed in New Zealand: The Ultimate Guide
<https://all.accor.com/a/en/limitless/thematics/off-the-beaten-track/movies-filmed-in-new-zealand.html>
(including: *Lord of the Rings*, *Avatar I*, *King Kong* 2005, *The Chronicles of Narnia*)

THE GREAT EXCHANGE

BOOKS:

The Columbian Exchange by Alfred W. Crosby
A Movable Feast: Ten Millennia of Food Globalization by Kenneth Kiple
Columbus: The Four Voyages by Lawrence Bergreen
The Four Voyages: Log-Book, Letters and Dispatches by Christopher Columbus.
Precious Cargo and **Founding Foodies** by David DeWitt
The Food Explorer by Daniel Stone
1493 by Charles Mann
The Cambridge World History of Food edited by Kenneth Kiple (2-volume encyclopedic tome)
The Great Irish Potato Famine by James Donnelly (Sutton Publishing, 2002)
The Tomato in America- Early History, Culture & Cookery by Andrew Smith

Sweetness and Power: The Place of Sugar in Modern History by Sidney Mintz

Coffee by Dinah Lenney

Pizza: A Global History by Carol Helstosky

The True History of Chocolate, by Sophie & Michael Coe

The Lost Lady of the Amazon by Anthony Smith.

The Thief At the End of the World by Joe Jackson

King Leopold's Ghost by Adam Hochschild

The Miraculous Fever Tree by Filametta Rocco

Oranges by John McPhee

The Codebreaker by Walter Isaacson (all about the discovery and uses of CRISPR gene editing)

Tulipmania by The Charles River Editors

A Perfect Red: The Story of Cochineal by Amy Butler Greenfield

ON THE WEB:

The Columbian Exchange by Nathan Nunn & Nancy Qian in *Journal of Economic Perspectives*

http://scholar.harvard.edu/files/nunn/files/nunn_qian_jep_2010.pdf

Interactive Modern Pangea <https://brilliantmaps.com/interactive-modern-pangea/>

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<http://timelinesandsoundtracks.blogspot.com/2016/07/hernan-cortez-timeline.html>

Our Vegetable Travelers <https://aggie-horticulture.tamu.edu/plantanswers/publications/vegetabletravelers/>

The Food That Built America <https://play.history.com/shows/the-food-that-built-america>

UN Food & Agriculture Organization statistics website <http://www.fao.org/statistics/en/>

Vegetable Facts- The History of Vegetables <http://www.vegetablefacts.net/vegetable-history/>

The Strange History of 'King Pine' (the Pineapple)

<https://www.theparisreview.org/blog/2018/04/25/the-strange-history-of-the-king-pine/>

Ancient DNA Unearths Corn's History

<https://www.smithsonianmag.com/2020/12/14/how-ancient-dna-unearths-corns-maize-ing-history/>

How The Potato Changed The World by Charles Mann.

<http://www.smithsonianmag.com/history/how-the-potato-changed-the-world-108470605/>

How The Potato Changed The World's History by William McNeill

http://www.dvrhs.org/cms/lib2/NJ01001243/Centricity/Domain/606/SS_9th_-_McNeill-Potato.pdf

What's the difference? Sweet Potatoes and Yams

<https://www.triviagenius.com/whats-the-difference-between-sweet-potatoes-and-yams/X5GYuJEgZAAGUgZY>

Peanut Facts – The Peanut Institute <http://www.peanut-institute.org/peanut-facts/history-of-peanuts.asp>

A Brief History of Peanut Butter – Smithsonian magazine

<https://www.smithsonianmag.com/innovation/brief-history-peanut-butter-180976525/>

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World Carrot Museum www.carrotmuseum.com

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<https://www.nytimes.com/2018/04/12/science/sweet-potato-pacific-dna.html?>

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GMO FAQs – Excellent fact-based review <https://gmo.geneticliteracyproject.org/>
Neil deGrasse Tyson gets to the bottom of GMOs <https://www.youtube.com/watch?v=aMDhUxom0U>
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IT'S ABOUT TIME (The Deep Story of Time and How We Measure It)

BOOKS:

The Order of Time by Carlo Rovelli
A Brief History of Time and **A Briefer History of Time** by Stephen Hawking
Why Time Flies by Alan Burdick
The Elegant Universe by Brian Greene
The Theory of Everything by Stephen Hawking
Time - 'Book 1' in **The Discoverers** by Daniel Boorstin
Time Warped by Claudia Hammond - A look at how we *perceive* time
History of Clocks & Watches by Eric Bruton - nicely illustrated
Pip Pip - A Sideways Look At Time - A humorous polemic decrying that we live 'too fast'
Longitude by Dava Sobel - the story of the 19th c. search for an accurate chronometer
A Brief History of Timekeeping by Chad Orzel
About Time by David Rooney

FILM:

Around The World in Eighty Days 1956. David Niven & Shirley MacLaine.

ON THE WEB:

Time's Arrow <https://soundcloud.com/instituteofartandideas/e90-times-arrow>
Where Does Time Come From? <http://nautil.us/blog/-where-did-time-come-from?>
Exactly What Is Time? <http://www.exactlywhatistime.com/physics-of-time/>
Time's Arrow – What Is Time? –'Philosophy For Our Times' podcast <https://soundcloud.com/>
Understanding Gravity- Warps & Ripples in Time and Space <https://www.science.org.au/curious/space-time/gravity>
Does The Future Exist? <https://blogs.lse.ac.uk/theforum/does-the-future-exist/>
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John Archibald Wheeler and His Race to Explain Time <https://medium.com/s/nautilus-time/he-revolutionized-physics-197526b8ae54>

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Delayed Choice Quantum Eraser Experiment Explained

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Time Is More Than Just Another Dimension <https://bigthink.com/starts-with-a-bang/time-dimension/>

Entangled Time by Elise Crull, in *Aeon* Feb 2018

<https://aeon.co/ideas/you-thought-quantum-mechanics-was-weird-check-out-entangled-time>

Quantum Entanglement Is Independent of Space and Time

<https://www.edge.org/response-detail/26790>

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<https://www.youtube.com/watch?v=DMK1MMjIm7I>

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<https://www.youtube.com/watch?v=-6rWqJhDv7M>

Time Lords- A History of Authoritarian Time Changes

<https://www.laphamsquarterly.org/roundtable/time-lords>

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Time Restored - The Story of John Harrison and RT Gould

<https://web.archive.org/web/http://www.nmm.ac.uk/upload/pdf/Gould-Harrison-longitude.pdf>

The Top 5 Candidates for Oldest Wristwatch

<https://www.luxos.com/watches/3682-top-five-candidates-for-the-first-wristwatch-in-the-world>

How a Manual Watch Movement Works - Excellent short video

<https://www.watchfinder.co.uk/articles/feature-how-does-a-mechanical-movem>

How A Quartz Clock Works <https://www.explainthatstuff.com/quartzclockwatch.html>

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ARE THE PACIFIC ISLANDS SINKING?

High Tide on Main Street by John Englander

Climate Change: The Facts edited by Alan Moran

The Rough Guide to Climate Change by Robert Henson

An Inconvenient Truth: The Crisis of Global Warming by Al Gore

Rising Sea Levels by Hunt Janin and Scott Mandia

Deep Water: As Polar Ice Melts by Daniel Grossman – TED Book available for Kindle

Rising by Elizabeth Rush

FILM:

Anote's Ark - excellent 2018 documentary of Kiribati's struggle with rising seas - available on iTunes

Before The Flood – 2016 documentary featuring Leonardo DiCaprio, directed by Fisher Stevens

The Island President (2012) directed by Jonathan Shenk. On the Maldives (Indian Ocean)

An Inconvenient Truth (2006), **An Inconvenient Sequel** (2017) starring Al Gore and polar bears

ON THE WEB:

Why Seas Are Surging

<https://www.washingtonpost.com/climate-environment/interactive/2024/us-south-sea-level-rise-climate-change/>

Sea Level Rise: Fact & Fiction – TED Talk by John Englander

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Climate.gov: Sea Level Rise

<https://www.climate.gov/news-features/understanding-climate/climate-change-global-sea-level>

That Sinking Feeling - ABC (Australia) documentary on the **Carteret Islands'** rising seas

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Greenland Ice Sheet Set to Raise Sea Levels by A Foot

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Sinking Tuvalu is Getting BIGGER <https://phys.org/news/2018-02-pacific-nation-bigger.html>

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Will Pacific Islands Disappear? Maybe Not

<https://www.nationalgeographic.com/tuvalu-kiribati-maldives-cyclone-marshall-islands/>

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<https://www.theguardian.com/2021/apr/13/sea-level-rise-climate-emergency-harold-wanless>

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A Climate Change Surprise (atolls are not disappearing - they are growing)

<https://www.nytimes.com/2024/06/27/briefing/maldives-atolls-climate-change.html>

SOME GENERAL REFERENCES:

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<http://www.worldhum.com/features/travel-stories/why-we-travel-20081213/>

History of the World Map by Map - Smithsonian /DK Books - A beautiful and comprehensive book with 140 infographic maps and explicatory text covering world history from early hominids through the telecom revolution. A history buff’s dream come true.

The Metropolitan Museum of Art Heilbrunn Timeline of Art History – Encyclopedic overview of art history – just enter in any topic or search term and it will provide a brief description and images of relevant works of art. <http://www.metmuseum/toah>

The Complete National Geographic Every issue of *National Geographic* published since 1888. Amazing as a research tool or just for armchair traveling.

<https://archive.nationalgeographic.aspx>

UN Human Development Index – The United Nations Development Program’s comprehensive metric for assessing a country’s composite level of achievement in key areas of health, wealth, and education.

<http://hdr.undp.org/en/countries>

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<https://www.cia.gov/the-world-factbook/>

*Sail away from the safe harbor.
Catch the trade winds in your sails.
Explore. Dream. Discover!”
- Mark Twain (maybe)*

And finally, my personal motto:
“TRAVEL IS THE PASSPORT TO PEACE”
THANK YOU

for your companionship on our wonderful Pacific voyage on the beautiful *Regent Navigator*. Please feel free to share your thoughts, feedback, suggestions, and any tips on interesting books, films, websites, apps or podcasts with me by email at: ScholarAtSea@gmail.com

SAFE TRAVELS and SMOOTH SAILING!